Lesson 8: Wednesday May 11, 2022

Teacher: Steven Obert

Fruit of the Spirit: Gentleness

1. What questions do you have that would be helpful to unpack before moving forward in our discussion time? Was there anything that was confusing or needs clarity that would be helpful to you?

1. Do you understand the importance of Christ’s example and our foundation for our own gentleness (discuss)?
2. How are you doing personally with gentleness? What ways can you be growing in gentleness towards others?
3. What are some root causes of pride or other sinful tendencies that keep you from being gentle?
4. Read Proverbs 15:1-4. Share a time when gentleness may have helped you in your interaction with others.
5. How different would your life, marriage, family look if you were gentle in your role?
6. What are some of the dangers of being non-gentle towards those around you?
7. What does it mean to be lionhearted and lamb-like? Find some scripture references that display this reality in Jesus.
8. Take some time to pray for a right understanding of gentleness, for an endurance and recalling of what our gentleness is rooted in, and for gentleness to go to work in our hearts so that we may change the way we do life with those around us.