Lesson 22: Wednesday March 2, 2022

Teacher: Steven Obert

Spiritual Disciplines- Purity & Chastity

1. Are there any questions from the lesson or any points that stood out to you that would be helpful to unpack before going to the other questions?

1. Do you understand what Purity is and how we are to strive for it?
2. Why is it so vital to know God’s word in regards to purity?
3. Share an example with the group of a time you held a view that was contrary to scripture and how it affected the way you lived?
4. What areas of your life or thoughts need to be challenged and lined up with scripture if you are to strive for purity?
5. What do you need to confess and turn away from? What is that thing that needs to be purged from your life because you know it does not honor God and only fights against your purity?
6. What things have you allowed to darken your body through your eyes? Have you ever considered the various ways that taking things in can affect your whole body? If so what can you do to address this?
7. What practice do you need to put into place to walkout regular confession with a mature believer and strive for unity?
8. Spend some time in prayer, plead for God to help you take the needed steps to put away impure thoughts and actions. Ask for God’s mercy in these areas and His strength to drive out these things which do not honor Him.