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Spiritual Disciplines: Prayer #2

Teacher: Pastor Joshua Kirstine

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**HANDOUT NOTES**

* **Introduction**

**1 Timothy 4:7** (NASB) … discipline yourself for the purpose of godliness

**Q102. What is prayer?** Prayer is pouring out our hearts to God in praise, thanksgiving, confession of sin, and expressing our requests to Him while submitting to His sovereign will.

* **Praise**

**Matthew 6:9** Pray then like this: “Our Father in heaven, **hallowed be your name.”**

**1 Chronicles 29:11 “**Yours, O Lord, is the greatness and the power and the glory and the victory and the majesty, for all that is in the heavens and in the earth is yours. Yours is the kingdom, O Lord, and you are exalted as head above all.

**Psalm 66:17** I cried to him with my mouth, and high praise was on my tongue.

**1 Thessalonians 5:17-18** pray without ceasing, give thanks in all circumstances; for this is the will of God in Christ Jesus for you.

**Ephesians 5:20** giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ

**Psalm 7:17** (NLT) I will thank the Lord because he is just ...

**Psalm 30:12** ... O Lord my God, I will give you thanks forever!

**Psalm 95:2** (NIV) Let us come before him with thanksgiving ...

**Acts 13:48** (NLT) ... they were very glad and thanked the Lord for his message

**Philippians 4:6** (NLT) Don’t worry about anything; instead, pray about everything. Tell God what you need and thank him for all he has done.

* **Repent**

**Matthew 6:12 “**and forgive us our debts, as we also have forgiven our debtors.”

In Christ you are forgiven!

**Colossians 1:13-14** He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

**Colossians 2:13-14** (NIV1984) When you were dead in your sins and in the uncircumcision of your sinful nature, God made youalive with Christ. He forgave us **all** our sins, having canceled the written code, with its regulations, that was against us and that stood opposed to us; he took it away, nailing it to the cross.

**Colossians 3:13** (NIV1984) Bear with each other and forgive whatever grievances you may have against one another. Forgive as the Lord forgave you.

* **Confession**

**Confess**: To agree with

**1 John 1:9** If we confess our sins, he is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

**Proverbs 28:13** Whoever conceals his transgressions will not prosper,

but he who confesses and forsakes them will obtain mercy.

**1 John 1:8** If we say we have no sin, we deceive ourselves, and the truth is not in us.

**Psalm 32:5** I acknowledged my sin to you, and I did not cover my iniquity;

I said, “I will confess my transgressions to the Lord,” and you forgave the iniquity of my sin.

**Psalm 19:12-13** (NLT)How can I know all the sins lurking in my heart? Cleanse me from these hidden faults. Keep me from deliberate sins! Don't let them control me. Then I will be free of guilt and innocent of great sin.

* **Repent**

If **confession** is admittance (to agree together with God that we did sin), **repentance** is new direction! It is surrendering your current sinful path to move to a righteous path.

* **Ask**

**Matthew 6:11 “**Give us this day our daily bread”

**Matthew 6:13 “**And lead us not into temptation, but deliver us from evil.”

**Philippians 4:6** do not be anxious about anything, but *in everything by prayer and supplication* with thanksgiving let your requests be made known to God.

* **Why should we ask?**

**1 John 5:14** And this is the confidence that we have toward him, that if we ask anything according to his will he hears us.

**Luke 1:13** (NLT) But the angel said, "Don't be afraid, Zechariah! God has heard your prayer. Your wife, Elizabeth, will bear you a son, and you are to name him John.

* **Who should we pray for?**

**Matthew 6:11 “**Give us this day our daily bread**”**

* + **Pray for your friends**

**Luke 22:31-32**“Simon, Simon, behold, Satan demanded to have you, that he might sift you like wheat,but I have prayed for you that your faith may not fail. And when you have turned again, strengthen your brothers.”

Church, we need to be praying for each other!

* + **Pray for your enemies**

**Matthew 5:44 “**But I say to you, Love your enemies and pray for those who persecute you”

* **How should we come to God in prayer?**
  + **Reverent but bold**

**Hebrews 4:16** (NLT) So let us **come boldly** to the throne of our gracious God. There we will receive his mercy, and we will find grace to help us when we need it most.

* + **Honest**

**John 12:27-28** “Now is my soul troubled. And what shall I say? ‘Father, save me from this hour’? But for this purpose I have come to this hour. Father, glorify your name”…

* **Yield**

**Matthew 6:10 “**Your kingdom come, your will be done, on earth as it is in heaven.”

**Luke 22:42** ...“Father, if you are willing, remove this cup from me. Nevertheless, not my will, but yours, be done.”

**Romans 8:26-28**

* **Reconsidering Some of the Popular Ways We Pray**
* **“Be with me”**

**Matthew 28:20** [Jesus said] “...And behold, I am with you always, to the end of the age.”

**Colossians 1:27** ... Christ *in you***,** the hope of glory.

* **“Bless me”**
* **“Watch over and protect me”**

**2 Corinthians 4:8-12**

1. **Praise**
2. **Repent**
3. **Ask**
4. **Yield**