Spiritual Disciplines

Lesson 19: Wednesday February 9th, 2022

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**Leader Discussion Guide**

**Spiritual Discipline:** **Submission & Humility**

1. As a Christian, why is submission and humility important?
2. Read the following categories that we are to humbly submit to:
   * Submission to government.
     + *E.g., Christians submitting to Governing authorities, police, employers, and laws that do not violate God’s law.*
   * Submission within the family / household.
     + *E.g., Wives submitting to husbands, Children submitting to parents.*
   * Submission to the local church.
     + *E.g., Submitting to elders.*
   * Submission to other Christians.
     + *E.g., Members submitting to other members. Christians submitting to one another. Less mature Christians submitting to more mature Christians.*
   1. Take your group through each category and talk about how they’re doing in humbly submitting to each of these. For example: *Wives, how are you doing in your humble submission to your husband? How are you submitting to your employer? How are you submitting to government? Husbands how are you submitting to Christ as you lead your families?*
3. Submission and humility should be patterned after the ministry of Christ.
   1. Read Mark 14:32-36
   2. How does focusing on Christ’s submission and humility in the Garden of Gethsemane help us understand that magnitude of what Jesus was humbly submitting to?
   3. When you consider that Christ was to drink the cup of God’s wrath on the cross, how does that change our fleshly desire to make light of our faith?
4. Scott said, “Radical gospel empowered submission and humility in the face of trials is embodying the very thing that Christ went through in His suffering and oppression…When we embrace humility and submission our testimony will burn bright as white-hot steel in a pitch-black night.”
   1. How are you faithfully submitting in trials?
   2. How has God used your faithful and humble submission in trials?
   3. How can our humility in trials speak boldly to a lost people? How does it point to Christ?
   4. When we think of Christ’s death on the cross and how he humiliated himself, limited his divinity in flesh, and submitted to the will of the Father – how does this shape how we are to approach trials?
5. Read James 1:2-4 & James 1:12
   1. How can James “count it all joy” when he is enduring trials of various kinds?
   2. How is God using your suffering for His glory and your joy?
   3. How are you preparing to be steadfast under trial?

\*\* Take time to focus on Christ’s humility and submission to God the father in your final prayer. \*\*