Lesson 13: Wednesday December 8, 2021

Teacher: Joshua Kirstine

Spiritual Disciplines- Bible Study (Part 2)

**Read Psalm 1**

1. What are some of the take-aways from this passage that are a help or encouragement to you?
2. In what ways are you guilty of delighting in the things of the world more than God’s word?
   1. What can you do to change this?
3. What are ways you can better meditate on God’s word day and night? (reference the “10 ways to Read the Bible” hand out)
4. When you are regular in God’s word you are more “rooted” and less blown about like “chaff”, why is this the case?

**Look at the “*PREPARE” Bible Study Guide***

1. Have your group members chime in an share why each of the 7 steps are important and what they might be gleaning from incorporating them?

\*Be mindful not to over speak or teach “another” lesson here. You are trying to help them get serious about putting this kind of thoroughness into their bible study time.

**Look at “10 Ways to Read the Bible”**

1. If time permits have your group share some of the techniques that they are excited to incorporate into thier bible study time and why?
2. Close by talking about how you as a group can be more accountable to each other when it comes to the Spiritual Discipline of daily Bible Study. Maybe have each person share their goals for improving this discipline.

Close in Prayer: \*please be done by 8pm and encourage your parents to pick up their kids “before” they fellowship in the quad.