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Spiritual Disciplines: Bible Study #2

Teacher: Pastor Joshua Kirstine

Date Taught: December 8, 2021

**HANDOUT NOTES**

* **Introduction**

The spiritual disciplines are practices we find in holy Scripture that honor God in our doing and promote spiritual growth in the gospel of Jesus Christ among believers. They are practices or habits that Christians prioritize because it aids us to cling more to Christ and grow in Christlikeness.

**1 Timothy 4:7** (NASB) … discipline yourself for the purpose of godliness

**Psalm 1:1-3** Blessed is the man who walks not in the counsel of the wicked, nor stands in the way of sinners, nor sits in the seat of scoffers; but his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water that yields its fruit in its season, and its leaf does not wither. In all that he does, he prospers.

**Psalms 1:4-6** The wicked are not so, but are like chaff that the wind drives away. Therefore the wicked will not stand in the judgment, nor sinners in the congregation of the righteous; … but the way of the wicked will perish.

**Matthew 28:18-20** Jesus came and said to them, “All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, to the end of the age.”

* **How Do We Study God’s Word?**
* **Make it a priority in your daily schedule**
* When?
* Where?
* Who?
* **Invest in tools that will help you study**
* Get a good Bible: an easy-to-read Bible that you will use
* Pick an accurate translation (like the ESV)
* Get a practical size
* Use other resources
	+ 30 Days to Understanding the Bible by Max Anders
	+ Women of the Word by Jen Wilken
	+ Taking God at His Word by Kevin DeYoung
	+ A study Bible or good commentary

(\*The Reformation Study Bible)

* Get a journal and some pens/highlighters
* **Use a helpful Bible study outline to navigate your Bible study time**

(“PREPARE” Personal Bible Study Guide)

* **Consider a reading plan to keep on track**
* **Seek accountability with others for your reading**