

Disciples Church

Joy in Exhaustion <> Philippians 3:12-4:1

Week of July 19, 2017

**Handout Notes**

* **Introduction**
* Exhaustion: A state of extreme physical or mental fatigue.
* Paul knew exhaustion: 2nd Cor 11:25-28
* The question: In spite of exhaustion, what is the Christian to do? Be joyful!
* **Press On**

Verse 12

* Not that I have already obtained this
  + Reference verse 10-11
* or am already perfect
  + Perfection = Christlikeness
* but I press on to make it my own
  + What is the duty of the Christian in this life? Press on.
* because Christ Jesus has made me his own.
  + Eph 2:8

Verse 13

* Brothers, I do not consider that I have made it my own.
  + 1st Cor 15:10
* But one thing I do: forgetting what lies behind and straining forward to what lies ahead,
  + Do not look to the past.

Verse 14

* I press on toward the goal for the prize of the upward call of God in Christ Jesus.
  + The prize is Jesus.

Verses 15-16

* Let those of us who are mature think this way, and if in anything you think otherwise, God will reveal that also to you. Only let us hold true to what we have attained.
  + Maturity is pressing on to know Christ fully.
* **Imitate Me**

Verse 17

* Brothers, join in imitating me, and keep your eyes on those who walk according to the example you have in us.
  + We are lacking something. God gives us disciple makers, pastors, and elders to imitate.
* **The Penalty**

Verses 18-19

* For many, of whom I have often told you and now tell you even with tears, walk as enemies of the cross of Christ. Their end is destruction, their god is their belly, and they glory in their shame, with minds set on earthly things.
  + Matthew 7:13-14
* **The Goal**

Verses 20-21

* But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ, who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself.
  + 1 Peter 1:3-9
  + 1 Peter 1:8
* **Stand Firm**

Verse 4:1

* Therefore, my brothers, whom I love and long for, my joy and crown, stand firm thus in the Lord, my beloved.