

Disciples Church

Joy in Anxiety- Philippians 4:1-9

Week of August 23, 2017 <> Joshua Kirstine

**HAND OUT**

**Therefore: Philippians 4:1**

Looking back to Philippians 3:20-21.

**1. Help from the body of Christ**

**Philippians 4:2-3**

**2. Defining and dissecting anxiety**

**3. Rejoice in the Lord always**

**Philippians 4:4**

Matthew 6:19

2 Timothy 3:4

Job 22:25

Luke 12:32-33

**4. Live in holy moderation**

**Philippians 4:5**

*“Radical evenness of temper”*

1 Corinthians 7:29-31

Luke 10:17-20

**5. Experience peace through prayer**

**Philippians 4:6-7**

1 Thessalonians 5:18

Whose hands is it in?

**6. Know the God of peace**

**Philippians 4:8-9**

The peace of God and the God of peace.